



## Activity 8

**Theme** Identity and Self-awareness

**Learning Objective**

- I can understand why it is important to be healthy
- I can identify healthy and unhealthy habits

**Language**

*In my picture, a girl is (eating an apple).  
It is healthy.  
It is unhealthy.  
Is it healthy?*

### TEACHER'S NOTES

#### PREPARATION

Make copies of Worksheet 8 (one per pair). Provide a sheet of blank paper for each learner to draw on.

#### INSTRUCTIONS

1. Use word cards and realia/drawings on the board to teach/revise the words *apple, ice cream, sandwich(es), sweets, jump, skip, bird, hat, read*. Divide the class into pairs and give picture A to one learner and picture B to the other learner in each pair.
2. Tell learners that they have to find the differences between the two pictures. Take picture B and role play two examples with a learner who has picture A. Say *In my picture, the bird is eating a fish*. Have the learner repeat *The bird is eating a fish in my picture, too*. Then say *In my picture, a girl is watching a video*. Elicit from the learner *In my picture, a girl is reading a book*. Tell learners that this is the first difference and that they have to find four more.
3. Learners take turns to make statements about their picture to find the four differences. (*A girl is eating an ice cream/apple; there's a plate of sweets/sandwiches; A girl is eating sweets, A girl is reading a book (or lying down)/jumping.*)
4. When learners have completed the activity ask individuals to tell you some of the differences.
5. Teach the word *healthy*. Say *In one picture the children are being healthy. Is it picture A or picture B? Everyone who thinks picture A, put your hand up*. Count the number of hands. Then say *Everyone who thinks picture B put your hand up*. Count the number of hands. Then say *Picture B is right*.

#### Variation: Less confident learners

Assist learners in circling the differences.

#### Variation: More confident learners

Learners can draw in the picture to add more differences for their partner to find.

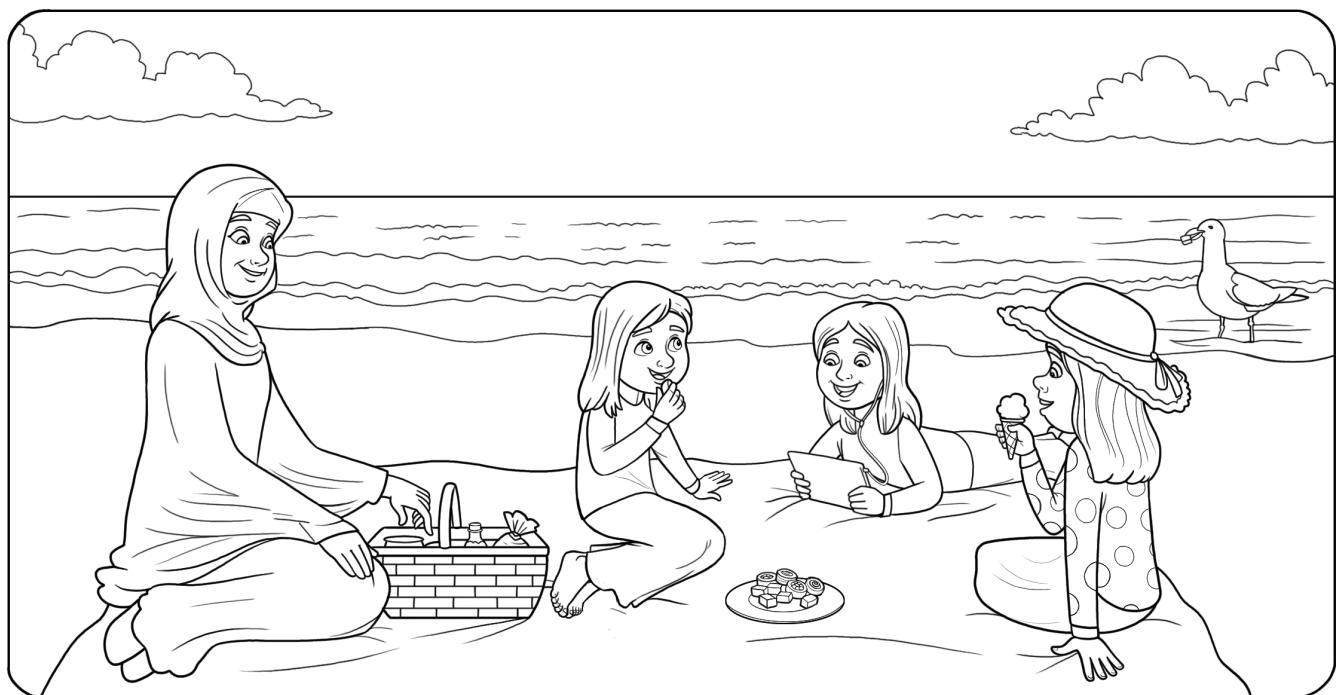
#### REFLECTION

1. Draw a line down the middle of the board and write at the top left hand side *Healthy* and at the top right hand side *Not healthy*. Point at some of the items in Pictures A and B e.g. the ice cream and ask *Is it healthy?* Elicit *No*. Ask them if they can explain why (they can do this in their first language if necessary). Draw an ice cream in the right hand column.
2. Give each learner a piece of blank paper and have them draw and label their own columns. Ask them to think of some things that are healthy and not healthy and draw them in each column. Remind them that these can be hobbies/activities as well as foods. They don't need to know the words for these items in English.
3. Have learners compare their tables and say if they agree or disagree.



## WORKSHEET 8

A



B

